

## 2019 XCEL FALL FESTIVAL WARM-UP ASSIGNMENTS



FRIDAY OPEN WARM-UP ALL SWIMMERS			
5:00-5:40PM	MAIN	5:00-5:40PM	DIVE
L1	XCEL	L1	PTAC
L2	XCEL	L2	PTAC
L3	XCEL	L3	PTAC
L4	XCEL	L4	PTAC
L5	XCEL	L5	PTAC
L6	XCEL	L6	PTAC
L7	XCEL/WW	L7	RVYM/SHY /SCAR
L8	NJB/TWST	L8	CJAC/JG /EEX

SATURDAY AM: 12/UNDERS			
7:00AM	MAIN	7:00AM	DIVE
L1	XCEL	L1	CBGC
L2	XCEL	L2	CBGC
L3	XCEL	L3	CBGC
L4	XCEL	L4	SHY
L5	XCEL	L5	SHY
L6	XCEL	L6	SHY
L7	JFAC	L7	WW
L8	JFAC	L8	WW
7:25AM	MAIN	7:25AM	DIVE
L1	PTAC	L1	SCAR
L2	PTAC	L2	SCAR
L3	PTAC	L3	SCAR
L4	PTAC	L4	SCAR
L5	PTAC	L5	SCAR
L6	PTAC	L6	RVYM
L7	PTAC	L7	RVYM
L8	PTAC	L8	RVYM
7:50AM	MAIN	7:50AM	DIVE
L1	WFY	L1	CJAC
L2	WFY	L2	CJAC
L3	WFY	L3	CJAC
L4	WFY	L4	NJB
L5	WFY	L5	JG
L6	SWST	L6	SRAY
L7	SWST	L7	TWST
L8	ACE	L8	EEX/WAVE

SUNDAY AM: 12/UNDERS			
7:00AM	MAIN	7:00AM	DIVE
L1	XCEL	L1	PTAC
L2	XCEL	L2	PTAC
L3	XCEL	L3	PTAC
L4	XCEL	L4	PTAC
L5	XCEL	L5	PTAC
L6	XCEL	L6	PTAC
L7	MEY	L7	PTAC
L8	MEY	L8	PTAC
7:25AM	MAIN	7:25AM	DIVE
L1	CJAC	L1	WFY
L2	CJAC	L2	WFY
L3	CJAC	L3	WFY
L4	CBGC	L4	WFY
L5	CBGC	L5	WFY
L6	CBGC	L6	JFAC
L7	SHY	L7	JFAC
L8	SHY	L8	JFAC
7:50AM	MAIN	7:50AM	DIVE
L1	SWST	L1	RVYM
L2	SWST	L2	RVYM
L3	WW	L3	RVYM
L4	WW	L4	ACE
L5	SRAY	L5	TWST
L6	HCY	L6	NJB
L7	JG	L7	EEX
L8	WAVE	L8	PENN



## 2019 XCEL FALL FESTIVAL WARM-UP ASSIGNMENTS

SATURDAY 13/OVER WARM-UP			
1:20PM	MAIN	1:20PM	DIVE
L1	XCEL	L1	PTAC
L2	XCEL	L2	PTAC
L3	XCEL	L3	PTAC
L4	XCEL	L4	PTAC
L5	XCEL	L5	PTAC
L6	XCEL	L6	PTAC
L7	XCEL	L7	PTAC
L8	WAVE	L8	ACE/PENN
1:45PM	MAIN	1:45PM	DIVE
L1	WFY	L1	SCAR
L2	WFY	L2	SCAR
L3	WFY	L3	SCAR
L4	WFY	L4	JFAC
L5	WFY	L5	JFAC
L6	WFY	L6	NJB
L7	CBGC	L7	NJB/RVYM
L8	CBGC	L8	RVYM
2:10PM	MAIN	2:10PM	MAIN
L1	SHY	L1	SRAY
L2	SHY	L2	SRAY
L3	SHY	L3	WW
L4	SHY	L4	TWST
L5	CJAC	L5	SWST
L6	CJAC	L6	EEX
L7	CJAC	L7	JG
L8	CJAC	L8	JG

SUNDAY 13/OVER WARM-UP			
1:55PM	MAIN	1:55PM	DIVE
L1	XCEL	L1	SHY
L2	XCEL	L2	SHY
L3	XCEL	L3	SHY
L4	XCEL	L4	SHY
L5	XCEL	L5	CJAC
L6	XCEL	L6	CJAC
L7	SRAY	L7	CJAC
L8	WW	L8	CJAC
2:20PM	MAIN	2:20PM	DIVE
L1	PTAC	L1	JFAC
L2	PTAC	L2	JFAC
L3	PTAC	L3	JFAC
L4	PTAC	L4	RY
L5	PTAC	L5	RY
L6	PTAC	L6	NJB
L7	PTAC	L7	NJB/RVYM
L8	JG	L8	RVYM
2:45PM	MAIN	2:45PM	DIVE
L1	WFY	L1	TWST
L2	WFY	L2	CBGC
L3	WFY	L3	HCY
L4	WFY	L4	EEX
L5	WFY	L5	SWST
L6	WFY	L6	PENN
L7	WW	L7	MEY
L8	WW/WAVE	L8	MEY/ACE