

2019 STAC GREAT GOBBLED MEET

Saturday and Sunday, November 2 & 3, 2019

Hosted by STAC at RVCC

Fly over starts will be used throughout the meet.

MEET SCHEDULE

DAY	SESSION		AGE GROUP	WARM-UP	CHECK-IN	START	COMMENT
SATURDAY	1		10/U's	7:00AM	7:20AM	7:55AM	
SATURDAY	1A		11/12's	11:30AM	11:50AM	12:25AM	
SATURDAY	2		400 IMs	2:45PM	2:45PM	3:15PM	Approximately
SATURDAY	3		13/OVERS	4:15PM	4:35PM	5:10PM	Approximately
SUNDAY	4		10/U's	7:00AM	7:20AM	7:55AM	
SUNDAY	4A		11/12's	11:00AM	11:20AM	11:25AM	
SUNDAY	5		500 Frees	1:45PM	1:45PM	2:15PM	Approximately
SUNDAY	6		13/OVERS	3:30PM	3:50PM	4:25PM	Approximately

WARM-UP SCHEDULE SATURDAY

SESSION 1--10/UNDERS		SESSION 1A-- 11/12S		S2-400 IMs	SESSION 3- 13/OVERS	
7:00AM	7:25AM	11:30AM	11:55AM	2:45PM	4:15PM	4:40PM
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC/EEX	LIFE	STAC	LIFE	STAC	STAC	CCC
CAT	BAC	JCB	LIFE	STAC	STAC	CCC
CAT	JCB/BB	EEX/BAC	BB	LIFE	JCB	EEX/BAC

SUNDAY

SESSION 4--10/UNDERS		SESSION 4A-- 11/12S		S5-500 FREE	SESSION 6- 13/OVERS	
7:00AM	7:25AM	11:00AM	11:25AM	1:45PM	3:30PM	3:55PM
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC	LIFE	STAC	LIFE	STAC	STAC	LIFE
STAC	LIFE	STAC	LIFE	STAC	STAC	CCC
CAT	JCB/BB	EEX/BAC	LIFE	STAC/JCB	STAC	CCC
CAT/EEX	BAC	CAT	JCB	LIFE	STAC/JCB	CCC/BAC



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TIMING ASSIGNMENTS

SESSION	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	ALTS
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SATURDAY:

10/UNDERS	LIFE	CAT	BAC	JCB	EEX	LIFE	CAT
11/12S	LIFE	JCB	EEX	LIFE	JCB	LIFE	BAC
400IMS	<i>Swimmers provide their own timers</i>						
13/OVERS	LIFE	CCC	JCB	EEX	LIFE	CCC	JCB

SUNDAY:

10/UNDERS	LIFE	BAC	CAT	JCB	LIFE	BAC	CAT
11/12S	LIFE	JCB	CAT	EEX	LIFE	JCB	BAC
500 FREE	<i>Swimmers provide their own timers and lap counters</i>						
13/OVERS	LIFE	CCC	JCB	LIFE	CCC	LIFE	CCC

Any team without a specific assignment needs to be ready to be a back-up timer.

www.besmarttinc.com for heat sheets, meet results and more

EASTERN STANDARD TIME STARTS ON SUNDAY

