



2020 SPRING CLUB CHAMPIONSHIP III

	FRIDAY AM	FRIDAY 14/U	SATURDAY AM	SATURDAY 14/U	SUNDAY AM	SUNDAY 14/U
Deck opens	8:30AM	3:30PM	8:30AM	12:00PM	8:30AM	11:30AM
Warm-up:	8:45-9:55AM	3:40 (in well)	8:45-9:55AM	12:30-1:25PM	8:45-9:55AM	12:00-12:55PM
Check-in:	THURS/9:30PM	3:50PM	FRI/7:30PM	12:45PM	SAT/6:30PM	12:15PM
Start and pace:	9:30AM	XXX	9:30AM	XXX	9:30AM	XXX
Meet starts:	10:00AM	4:20PM	10:00AM	1:30PM	10:00AM	1:00PM
Session Finish:	1:00PM	5:55PM	12:30PM	5:00PM	12:00PM	5:00PM
Format Notes:		500 FREE MIXED RELAYS COMBINED	w/u for 1000s in main pool	FLY OVER STARTS		FLY OVER STARTS All 25's from a push!
	FRIDAY FINALS		SATURDAY FINALS		SUNDAY FINALS	
Deck opens	5:45M		4:45PM		4:45PM	
Warm-up:	6:00PM		5:00PM		5:00PM	
Check-in:	RELAYS		RELAYS		RELAYS	
Start and pace:	6:30PM		5:30PM		5:30PM	
Pool clears	6:55PM		5:55PM		5:55PM	
Meet starts:	7:00PM		6:00PM		6:00PM	
Format Notes:	Shorts breaks for awards during finals each night 800 Free Relay awarded Sat. PM		ALL 400IMs at finals 400 Free Relay awarded Sun. PM		ALL HEATS OF 1650 AT FINALS Team plaques awarded after finals	

DAYLIGHT SAVING TIMES STARTS AT 2:00AM SUNDAY "SPRING AHEAD!"

